

FINAL LETTER

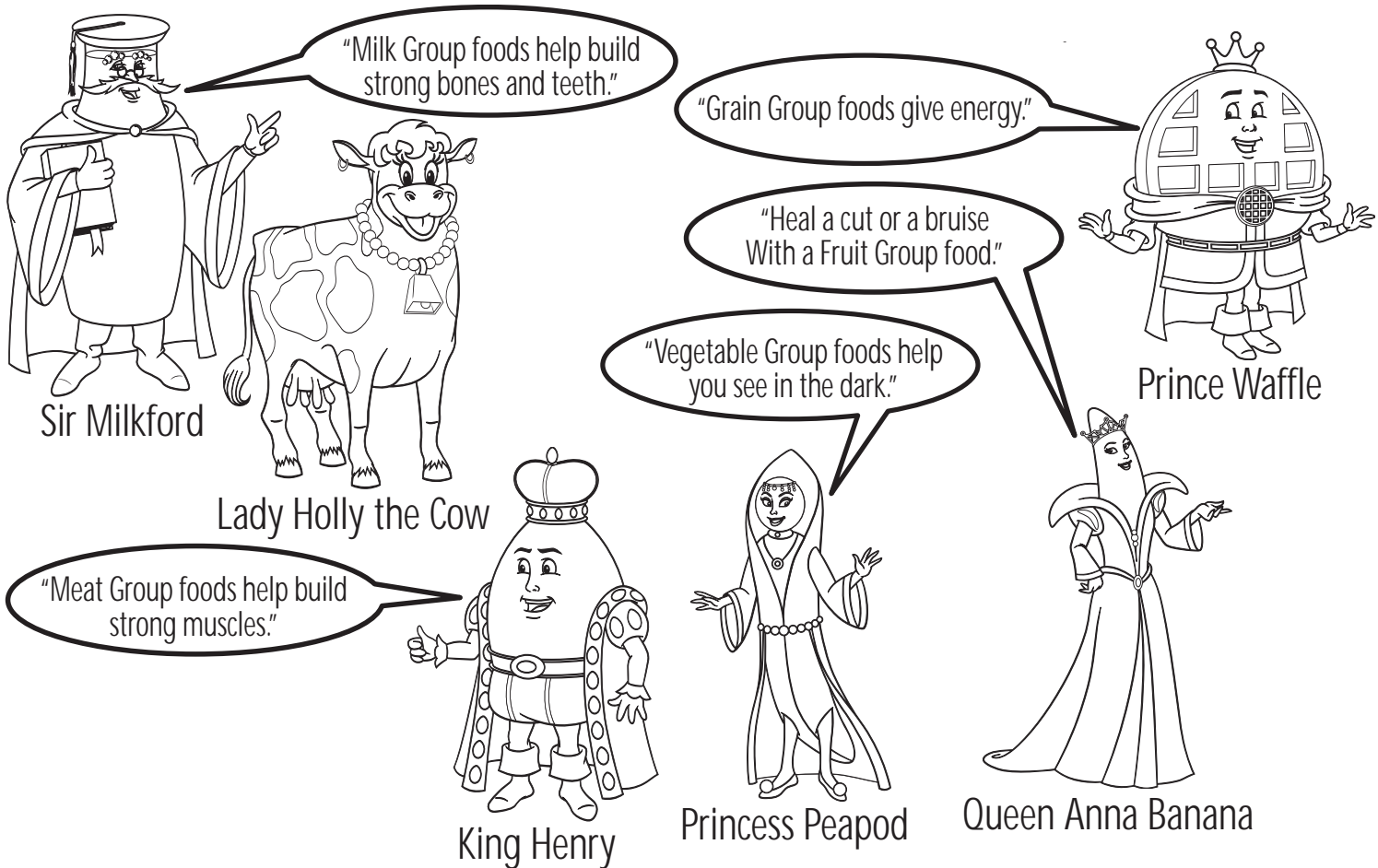
Dear _____,

We have finished our unit on healthy eating. The Royal Food Family taught Little D the dragon how to be a healthy eater. I have learned a lot too.

I learned that I need to eat foods from all Five Food Groups every day to grow and stay healthy.

Thank you for doing your best to make sure I eat foods from the Five Food Groups every day. Thank you for helping me to grow up to be my best.

Love,



"I want to eat healthy because _____
_____."