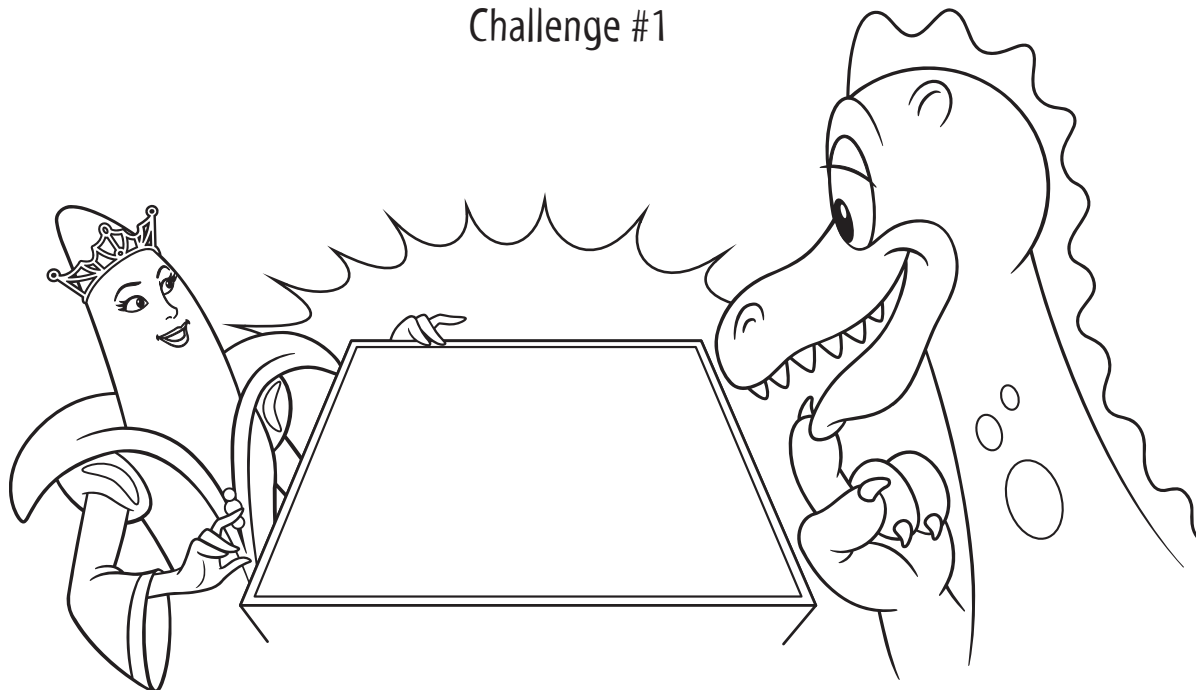


THREE CHALLENGES FOR LITTLE D

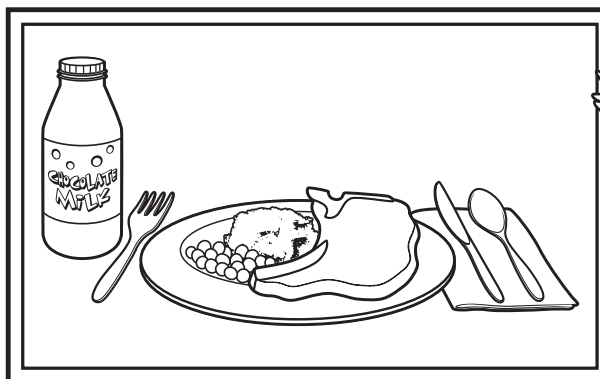
ACTIVITY 10

Challenge #1



1. Think of a Smart Snack with a Milk Group food and a Fruit Group food.
2. Draw a picture of your snack in the box or write the names of your snack foods in the box.

Challenge #2



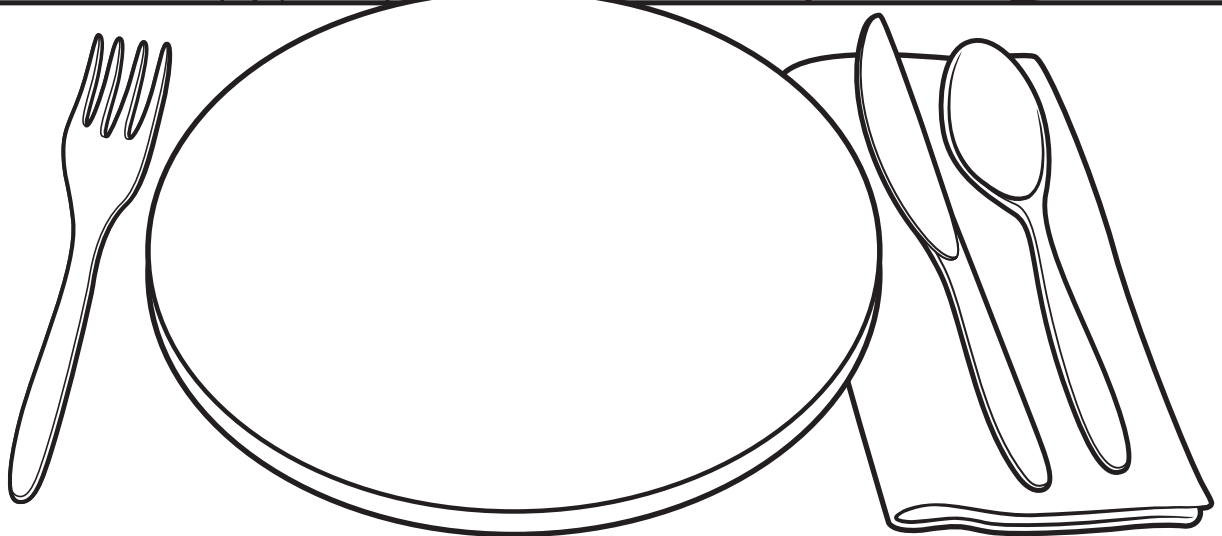
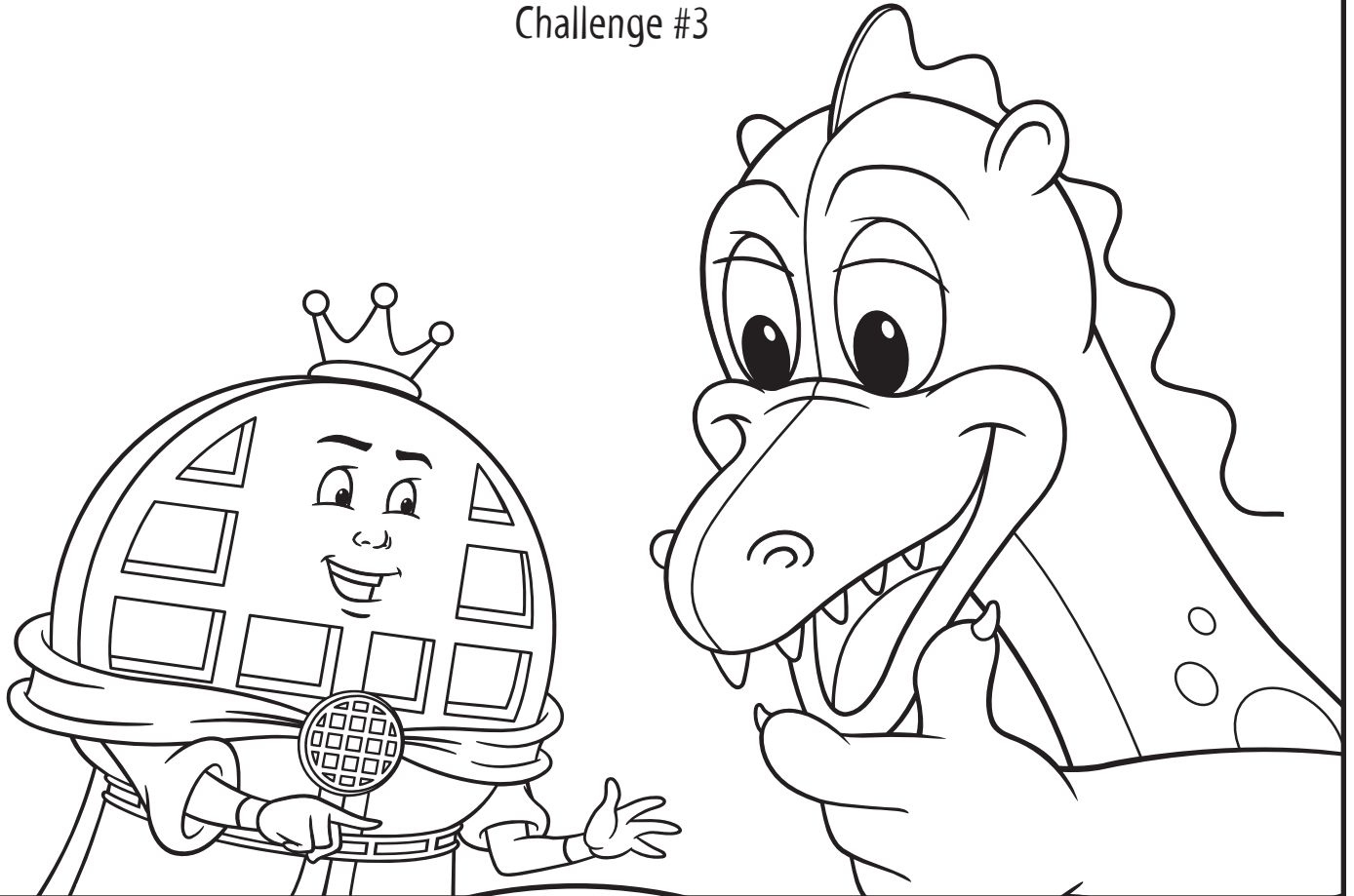
Milk Applesauce
Peas Porkchop

1. What food group is missing? _____
2. What food from the food group will you add? _____
3. Draw the food in the photo.

THREE CHALLENGES FOR LITTLE D

ACTIVITY 10

Challenge #3



1. Draw a lunch with one food from each food group.
2. Draw a star on the food that is eaten cold.
3. Place a sun on the food that is eaten hot.