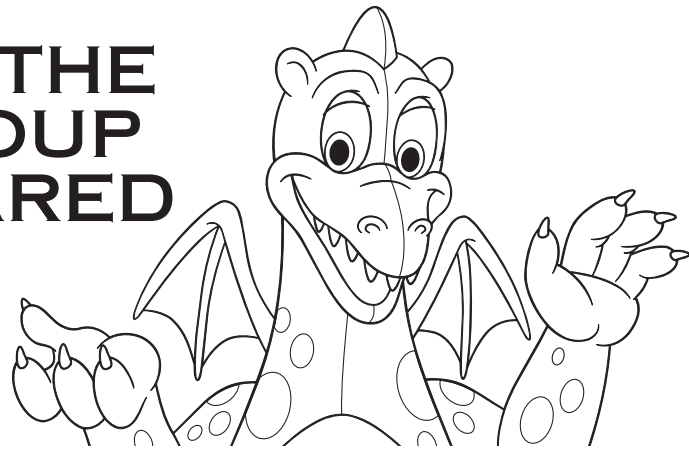


Name _____

THE DAY THE MILK GROUP DISAPPEARED

ACTIVITY 7



One morning Little D went down to the Royal Dining Room for breakfast. Everyone was there except Sir Milkford. On his chair was a _____ with a note saying "Be back soon."

1 (noun)

"Where's Sir Milkford?" asked Little D. No one knew.

Just then a _____ servant blew a horn and a messenger arrived.

2 (adjective)

The messenger said, "Sir Milkford went out to _____ and has disappeared with all the food from the Milk Group."

3 (action verb)

"Goodness gracious," said Princess Peapod. "How will we build strong bones and teeth without Milk Group foods?"

"Oh, dear," said Prince Waffle. "We'll never have my favorite breakfast —

_____ and _____."

4 (Milk Group food)

5 (Grain Group food)

Name _____

“Oh, my,” said Little D. “I’m afraid I’ll never see Sir Milkford again!”

King Henry the Egg stood up. “Don’t worry. We’ll find Sir Milkford ourselves!”

Queen Anna Banana said, “I bet Milkford isn’t far,

let’s go look, out by a _____.”

6 (word that rhymes with “far”)

Little D joined the hunt for Sir Milkford. He searched in the _____.

7 (noun)

He searched in the _____. But he didn’t find Sir Milkford anywhere.

8 (noun)

All of a sudden, Little D heard cheering. In walked Sir Milkford. “Where were you?” asked Little D.

“I heard that a tiny kingdom across the river had no foods from the Milk Group.

Everyone needs all Five Food Groups every day to stay healthy. So I took a cart full of

_____ cheese and _____

9 (adjective)

10 (adjective)

milk to share with them. And, I brought back all the food they didn’t need.”

In the palace and throughout the kingdom, everyone rejoiced because

Sir Milkford and the foods from the Milk Group were home. They knew

they could all stay healthy because they once again had all Five Food Groups.

