

# COMBINATION COOKBOOK

## ACTIVITY 6

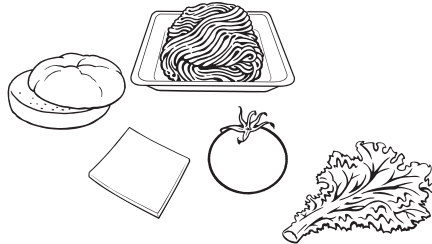
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### Mystery Food

#1: \_\_\_\_\_

#### Ingredients

- Ground beef
- Bun (slit in two)
- Cheese
- Tomato
- Lettuce



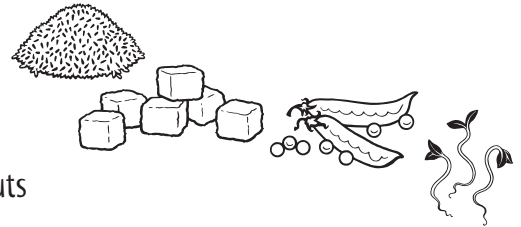
1. Shape the ground beef into a round patty.
2. Grill patty until well done.
3. Place patty on bottom of bun.
4. Add a slice of cheese.
5. Add lettuce and tomato.
6. Add top of bun.

### Mystery Food

#2: \_\_\_\_\_

#### Ingredients

- Rice
- Chicken
- Peapods
- Bean sprouts



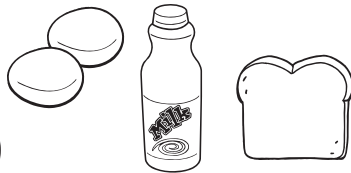
1. Cook the rice in boiling water.
2. Cut up chicken into bite-size chunks.
3. Cook chicken and peapods in a very hot wok until tender.
4. Add bean sprouts to wok and mix gently.
5. Serve chicken mixture over rice. Use chopsticks if you like.

### Mystery Food

#3: \_\_\_\_\_

#### Ingredients

- Eggs
- Milk
- Bread (sliced)



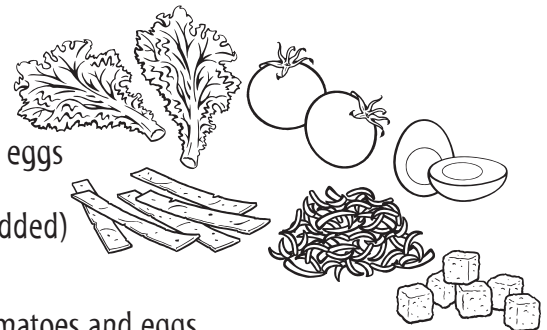
1. Crack the eggs into a bowl and add milk. Mix thoroughly.
2. Dip slices of bread into the egg-milk mixture.
3. Place the bread in a heated frying pan with melted butter.
4. When the bread is golden, flip it over so the other side cooks.
5. Serve with maple syrup, powdered sugar or jam.

### Mystery Food

#4: \_\_\_\_\_

#### Ingredients

- Lettuce
- Tomatoes
- Hard-cooked eggs
- Turkey
- Cheese (shredded)
- Croutons



1. Slice the tomatoes and eggs.
2. Cut the turkey into strips or chunks.
3. Combine the lettuce and tomatoes in a colander. Rinse under cold water. Drain.
4. Place vegetables in large bowl.
5. Add in cheese, eggs, turkey, and croutons.
6. Toss well with two large spoons.

"An interesting thing I've learned about Combination Foods is: \_\_\_\_\_."