

Name _____



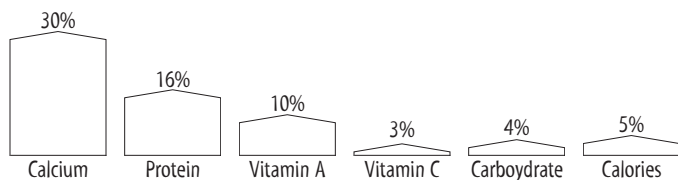
COMPARISON CARDS

ACTIVITY 3



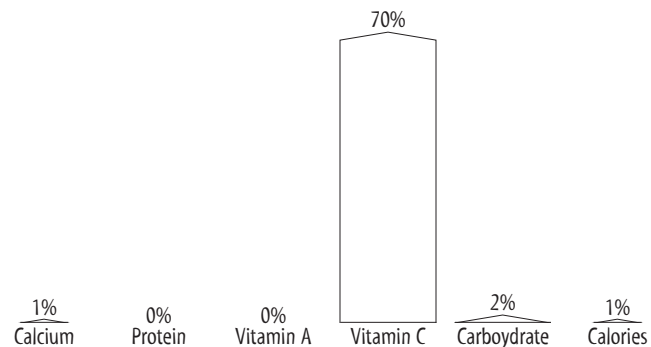
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1% LOWFAT MILK



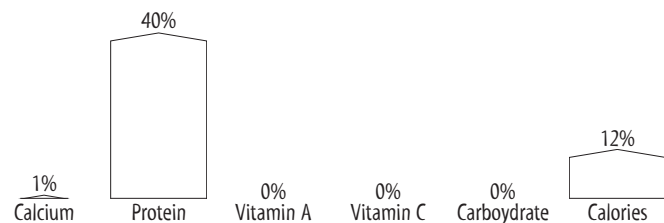
Source: "Comprehensive List of Foods," pp 20-30 of Food Model/Comparison Card Leader Guide.

STRAWBERRIES



Source: "Comprehensive List of Foods," pp 20-30 of Food Model/Comparison Card Leader Guide.

HAMBURGER



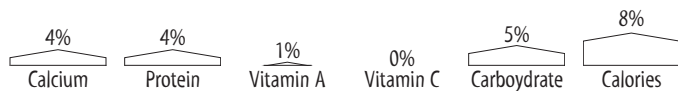
Source: "Comprehensive List of Foods," pp 20-30 of Food Model/Comparison Card Leader Guide.

RICE, BROWN



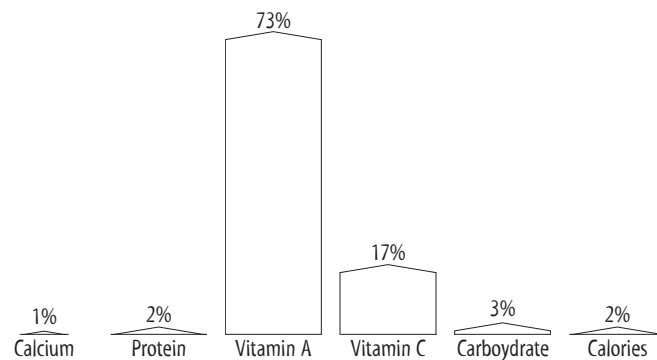
Source: "Comprehensive List of Foods," pp 20-30 of Food Model/Comparison Card Leader Guide.

CORN CHIPS



Source: "Comprehensive List of Foods," pp 20-30 of Food Model/Comparison Card Leader Guide.

SQUASH, WINTER



Source: "Comprehensive List of Foods," pp 20-30 of Food Model/Comparison Card Leader Guide.